

Upcoming Meetings

-Regional American College of Physicians Meeting: October 25, 2025, San Diego, CA: <https://www.acponline.org/2025-southern-california-region-3-annual-scientific-meeting>

-Regional Society for General Internal Medicine Meeting, January 24, 2026, Albuquerque, NM: <https://www.sgim.org/sgim-community/regions/southwest/>



UC San Diego
SCHOOL OF MEDICINE

Scholarly Activities Newsletter



Publications, Projects, and Updates

•Please join us for our **brown bag research and scholarly activities interest group meetings**. Meetings are held the second Wednesday of the month from 11:30 AM – 12:30 PM on Zoom. Join members of the Research Committee for an informal chat about ideas for projects and collaborations. Whether you are just getting your feet wet or are passionate about research, all are welcome! Please check the Zoom link sent by Nerissa Leonardo each month for the meeting invitation.

•**Dr. Megha Shankar** and colleagues published, "Exploring trauma-informed prenatal care preferences through diverse pregnant voices," in *BMC Health Services Research* 25. Dr. Shankar and colleagues also made the following conference presentations: "Presence 5 for trauma-informed care: developing, implementing, and evaluating a medical education workshop" (2025 Society of Bedside Medicine Scholars Meeting, June 2025); "Pivoting in times of crisis: synergizing a multi-disciplinary medical and policy team to inform immigrant health state action," "Enhancing future clinicians' care for pregnant newcomers: a novel collaborative learning model," "Walking in their shoes: a novel medical student elective promoting obstetric immigrant health" (2025 International Refugee and Migration Health Conference, June 2025); "Acute medical issues in pregnancy for the hospitalist," "At a loss for words: responding to patient initiated discrimination and harassment," "Best practices in trauma inquiry and response in sexual and reproductive health care," "Promoting trauma-informed sexual and reproductive health care: results from a discussion-based training" (Society of General Internal Medicine 2025 Annual Meeting, May 2025); "Walking in their shoes: a novel medical student elective promoting obstetric immigrant health and compassion" (UCSD Symposium for Innovation in Medical Education, May 2025); "No more missed signs: electronic health record integration of intimate partner violence screening and response in primary care" (2025 GME PSQI Symposium, May 2025); "Training needs and evidence-based practices in trauma-informed reproductive

Resources for Scholarly Activities

- Poster printing resources:
[UCSD campus printing](#)
[Scientific poster printing](#)
- *Some conference organizations (e.g., American Diabetes Association) may offer poster printing & delivery directly to the conference
- The [CREST program](#) provides training in clinical research.
- The Annals of Internal Medicine has an [online open access journal](#) for **publication of clinical cases**.
- UCSD provides [free and discounted software](#) for scholarly activities.

healthcare" (American College of Obstetricians and Gynecologists 2025 Annual Clinical & Scientific Meeting, May 2025); "Trauma-informed family planning care: addressing training needs and moral injury" (National Abortion Federation 48th Annual Meeting, May 2025); "Advocating for change: implementing a social justice and advocacy curriculum in the UCSD Internal Medicine Residency Program," "No more missed signs: electronic health record integration of intimate partner violence screening and response in primary care" (UCSD Department of Medicine Annual Research Day, April 2025).

•**Dr. Eduardo Grunvald** and colleagues from minimally invasive surgery, published, "[The new bridge to hernia surgery: achieving preoperative weight optimization with GLP-1 receptor agonists for abdominal wall hernia repair](#)," in *Surgical Endoscopy*. In collaboration with colleagues from radiology and minimally invasive surgery, he also co-authored the publication, "[Proton density fat fraction for diagnosis of metabolic dysfunction associated steatotic liver disease](#)," in *Hepatology*. Dr. Grunvald also made the following poster/conference presentations: "Enhancing undergraduate medical education in obesity medicine: qualitative insights from students across 8 institutions" (Society of General Internal Medicine 2025 Annual Meeting, May 2025); "The impact of bariatric surgery on obstructive sleep apnea endotypic traits" (SLEEP 2025); "Medical management of the bariatric surgery patient" (San Diego Obesity Summit, May 2025); "Obesity medicine management essentials: unlocking the genetics of obesity" (Scripps Clinic Conference); "Pharmacotherapy for obesity," "Choosing anti-obesity therapies" (American Gastroenterological Association at Digestive Disease Week 2025).

•**Dr. Deanna Hill** and colleagues had the manuscript, "Fibromyalgia: update on pathogenesis and management," accepted for publication. It will be published in the *European Journal of Rheumatology* in October 2025.

•**Dr. Heather Hofflich** and colleagues presented two posters, "Bisphosphonate related avascular necrosis of the humerus: a case report," and, "Significant one-year bone mineral density gains following a single dose of romosozumab: insights from two case studies," at the Annual Endocrine Society Meeting in July 2025.

•**Dr. David Bittleman** had the article, "How AI helped me advocate for a deserving veteran," accepted for publication on KevinMD. Dr. Bittleman also had the manuscript, "Maybe I should have taken the fork," submitted to the *Annals of Family Medicine*.

Highlights from the UCSD Division of Geriatrics & Gerontology

The Division of General Internal Medicine is excited to partner with the UCSD Division of Geriatrics & Gerontology to share news about scholarly activities. Check out the Gerontology Research Collaborative website if you are interested in learning more and making connections.

•**Dr. Crystal Cené** published, "The health equity, medical, and scientific costs of dismantling DEI," in the *New England Journal of Medicine*. Dr. Cené also published, "Envisioning home health as a critical component of learning health systems to improve evidence-based care in heart failure," in *JACC: Advances*.

•**Dr. Edward Chao** presented a poster, "Holding the line—hemoglobin A1c and rates of laboratory testing did not change during the pandemic at a student-run free clinic," at the American Diabetes Association's Scientific Sessions. Dr. Chao also created a monthly meeting for the International Society for Health Design Thinking (INSIGHT), Launch and Learn, which will combine a talk with a health design expert with the opportunity to explore questions, form collaborations, and share ideas. The first session will be on Tuesday, Sep 16, at 1 PM PT; please join at: <https://uchealth.zoom.us/j/83530555110>

Making Connections



•**Dr. Eileen Kim** is a UCSD clinical informatics fellow who is interested in collaborating with GIM faculty on a project to replicate landmark trials (e.g., Child-Pugh, MELD, CURB-65) using Epic's Cosmos data science virtual machine. Feel free to contact Dr. Kim at eik002@health.ucsd.edu.

•**Dr. David Bittleman** invites anyone interested in writing about advocacy for veterans or other disenfranchised populations to reach out to discuss collaborations (David.Bittleman@va.gov).

•Please contact any of the Research Committee members at the email address(es) below if you would like to chat about research or scholarly activities. We are here to help! If you have updates on your scholarly activities that you would like to share, please email **Dr. Melinda Chen**.

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